



SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING

SEVA MANDAL EDUCATION SOCIETY'S

SMT SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE
OF NURSING AND PARAMEDICAL SCIENCES

NAAC ACCREDITED B+ GRADE

338 R.A KIDWAI ROAD MATUNGA- 400019



COMMUNITY HEALTH NURSING DEPARTMENT

COMMUNITY ORIENTED ACTIVITIES

Academic Year: 2022-23



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| SR.NO | PARTICULARS |
|------------|----------------------------------------------------------------|
| I | HEALTH ALGORITHMS |
| 1 | Door to door health services in community |
| II | LEARNING ROCKS |
| 1 | Health Education in Community, |
| 2 | Awareness Programme on Family Planning |
| 3 | Awareness Programme on Breast Cancer |
| | HEALTH DAY CELEBRATION |
| 1 | World Heart Day |
| 2 | World Diabetic Day |
| 3 | World Tuberculosis Day |
| 4 | World AIDS Day |
| 5 | World Leprosy Day |
| 6 | World No Tobacco Day |
| 7 | World Cancer Day |
| 8 | World Health Day |
| 9 | Hospice & Palliative care |
| 10 | Mental Health Day |
| III | RESOURCE INCENTIVES |
| | In-service Education |
| 1 | Training for Health Care Workers (Anganwadi worker, ASHA, LHV) |
| 2 | Training at schools |
| 3. | Training for staff nurses at S.R. Mehta hospital |
| IV | DELICACY TREAT |
| 1 | Nutritious Food Preparation Demonstration |
| 2 | Diet planning |
| 3 | Nutrition week celebration |
| 4 | Poshan Pakhwada |
| 5 | Donation healthy khichadi Project |
| V | SCHOOL HEALTH PROGRAMME |
| 1 | Health Checkups |
| 2 | Head to Foot Examination |
| 3 | Recreational activities |
| VI | BREASTFEEDING AWARENESS |
| VII | ORGAN DONATION PROGRAMME |



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| | |
|-------------|-----------------------------------------|
| VIII | GENTLE GUARDIAN GARDEN |
| 1 | Health Camps for elderly |
| 2 | Old Age Home Visit and Elderly Care |
| | |
| IX | ECO- CLUB & ENTREPRENEURSHIP |
| 1 | Beach Cleaning Drive |
| 2 | Plantation Drive |
| 3 | Mangroves Cleaning Drive |
| 4 | Seed Booming and Paper Bag Making |
| | |
| X | WASTE MANAGEMENT |
| 1 | Dry & Wet Waste Disposal |
| | |
| XI | GENDER EQUITY |
| 1 | Women Empowerment |
| 2 | Cyber Safety |
| 3 | LGBTQIA |
| | |
| XII | NATIONAL HEALTH PROGRAMS |
| 1 | National Immunization Programme |
| 2 | Pulse Polio Programme |
| 3 | Malarial Prevention Programme |
| 4 | Dengue Prevention Programme |
| | |
| XIII | RESEARCH & HEALTH STATISTICS |
| 1 | Community Health Survey |
| | |
| XIV | SOCIAL AWARENESS |
| 1 | Republic Day Celebration |
| 2 | Independence Day |
| 3 | Nurses Day Celebration |
| | |
| XV | HEALTH CAMPS |
| 1 | Health Camp on Family Planning |
| 2 | Medical Health Camp |
| 3 | Dakshaben Health Camp |
| 4 | Blood Donation Camp |
| 5 | Thalassemia Camp |
| | |



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COMMUNITY ACTION REPORT

HOUSE ALGORITHMS

House to house health services.

Health is an important parameter for every individual family and community, the aim of the student and teacher is to keep community healthy and disease free. Student of SMES SSPG College of nursing students visit Rural and urban community for doorstep services and carry out health services. All students adopt 10 families and prepare family folders for each family and provide priority-based health services.

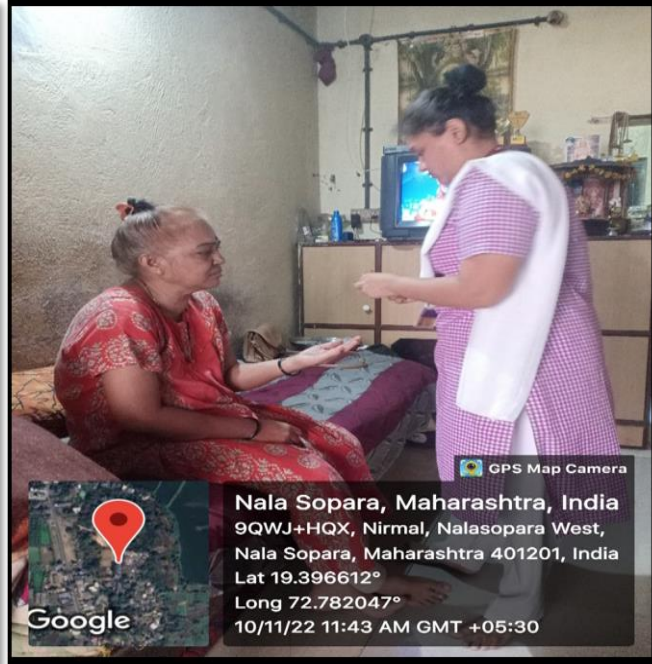
➤ Services

- Health assessment for all age groups
- Monitor Temperature
- Pulse, Respiration & Blood Pressure
- Urine analysis
- Monitor Blood sugar level
- Giving free medication as per need
- ANC Palpation
- Distribution of contraception for family planning method
- Referral services to community people according to health problems.

| SR.NO | SERVICES | DATE | NO. DAYS | BENEFICIARIES |
|-------|------------------------------|--------------------|----------|---------------|
| 1 | Door to door health services | 4/11/2022-30/11/22 | 30days | 500 families |
| 2 | Door to door health services | 02/01/23-30/01/23 | 28 days | 500 families |



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LEARNING ROCKS

Health is an aspect interwoven with all other aspects of life, everyday life, working life, family life, and community life. At the time of home visit students give door to door health services. At the time of home visit students plan health education for family and community according to the need of health information. All health teaching is provided to community by one-to-one interaction for educating whole community.

➤ Health education awareness and role on

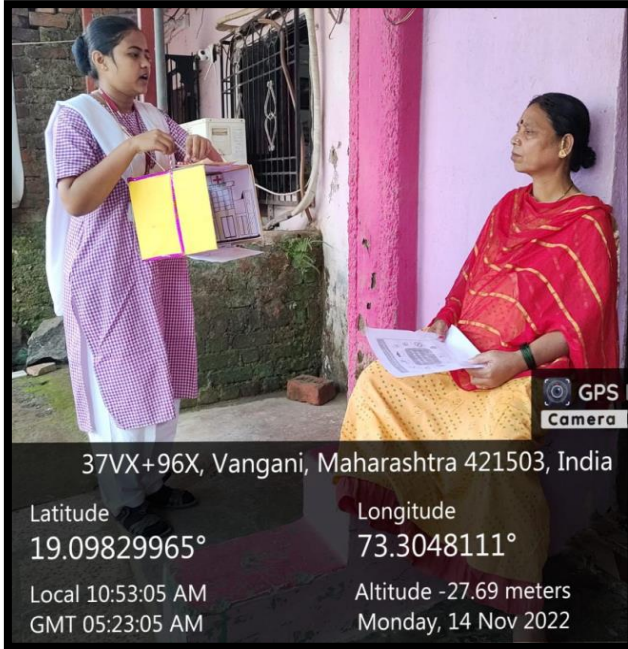
- Maintaining Personal Hygiene
- Environmental Sanitation
- Family Planning method
- Prevention of communicable diseases
- Prevention of Accidents in Children
- Antenatal care
- Post-natal Care
- Exercise on Range of Motion
- Yoga Therapy
- Weaning Diet
- Hypertension Diet
- Diabetic diet
- Breastfeeding techniques
- Menstrual hygiene.

| SR.NO | SERVICES | DATE | NO. DAYS & PLACE | BENIFICIERIES |
|--------------|-------------------------------------------------------------------------------------|--------------------|------------------------------|----------------------|
| 1 | Health Awareness, Health Talk Role Play, Street Play Pamphlet Distribution | 4/11/2022-30/11/22 | 30days at Vagani & Virar | 500 families |
| 2 | Health Awareness, Health Talk Role Play, Street Play Pamphlet Distribution | 02/01/23-30/01/23 | 28 days at Vagani & Virar | 500 families |



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HIGHLIGHTS OF PROGRAMME:





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HEALTH DAYS CELEBRATION

❖ WORLD HEART DAY

World Heart Day is observed annually on September 29th to raise awareness about cardiovascular diseases (CVD) and promote heart-healthy lifestyles, SMES SSPG College of nursing students celebrated World Heart by conducting

- Educational Session and videos on heart diseases for Community
- Video on a Harnessing the power of Digital Health to improve Awareness
- Diet, Prevention and Management of Cardiovascular
- To Spread Awareness About Prevention of Heart diseases
- Management of Heart Disease.

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-----------------------------------------------------------------------------------|-------------|---------------------------------------|----------------------|
| 1 | Health Awareness, Health Talk Role Play, YouTube Video on Heart Diseases | 03/10/2022 | Final year B. BSc Nursing students | Community people |



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❖ **WORLD DIABETIC DAY**

World Diabetic Day celebration aim is to raise awareness of the impact that diabetes has on the family and support network of those affected, as well as promoting the role of the family in the management, care, prevention and education of diabetes.

➤ **Services**

- To create awareness about the importance of diabetes.
- To use the power of digital technology to connect every community
- To give foot care demonstration
- To facilitate Pamphlet distribution in community to spread awareness
- To Prevent and manage diabetes.

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENIFICIERIES |
|--------------|------------------------------------------------------------------------------------------------------------------------------|-------------|------------------------------------------|----------------------|
| 1 | Health Awareness, Foot care demonstration, Pamphlet Distribution, You- tube video for patient education on Diabetes mellitus | 14/11/2022 | Second & Final year BSc Nursing students | Community people |



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❖ WORLD TUBERCULOSIS DAY

World TB Day, 24 March, raise public awareness and to step up efforts to end the global TB epidemic, SMES SSPG College of Nursing students have celebrated tuberculosis day at Group of tuberculosis hospital Sewri which includes

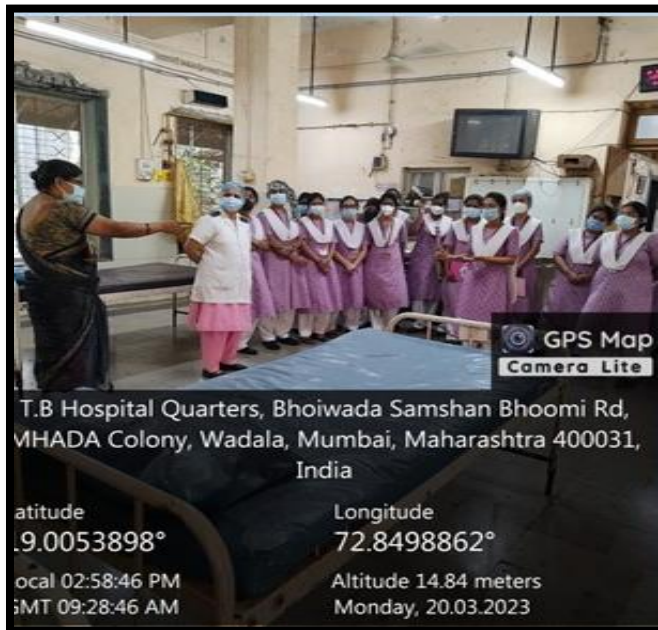
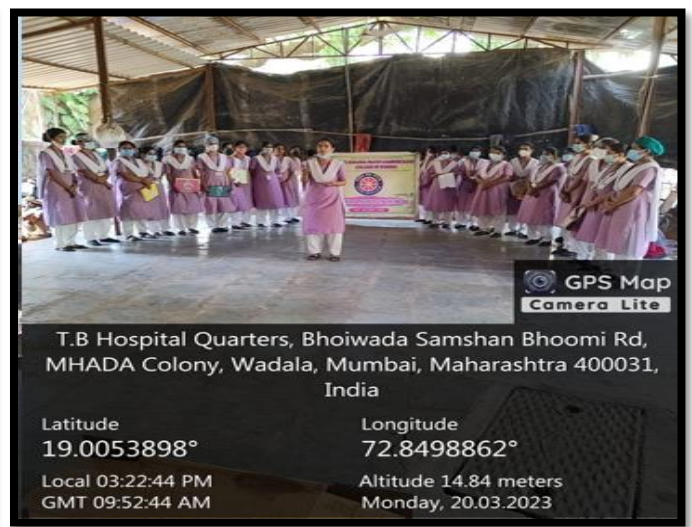
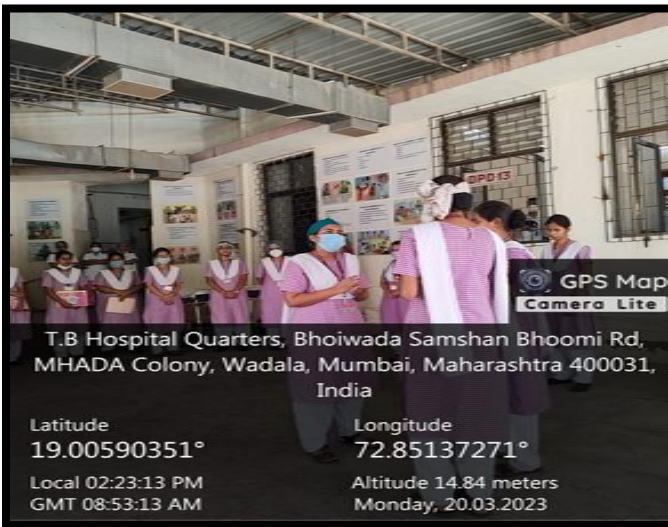
➤ Services

- Role play on tuberculosis diseases
- Diet planning for tuberculosis patients
- Importance of regular medication
- Information on Sources of treatment provided



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| SR.NO | SERVICES | DATE | PARTICIPANTS | BENIFICIERIES |
|-------|------------------------------------------------------------------------------------------|------------|--------------------------------------|-------------------------------|
| 1 | Health Awareness, Role play, Diet plan, Importance of treatment on Tuberculosis diseases | 20/03/2023 | Final year B. B.Sc. Nursing students | Group of Tuberculosis patient |





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❖ **WORLD AIDS DAY**

World AIDS Day celebration by students of SMES SSPG College of Nursing for creating awareness about prevention of diseases and protection from HIV.

Services

- Street awareness session on AIDS
- Role play on AIDS day Programme
- Prevention of Diseases
- Rapid Testing of HIV for individuals

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|--------------------------------------------------------------------------------------------------------|-------------|------------------------------------|----------------------|
| 1 | Street Awareness, Role play, Pamphlet Distribution, Importance of treatment and prevention on diseases | 10/12/2022 | Final year B. BSc Nursing students | 200 community people |



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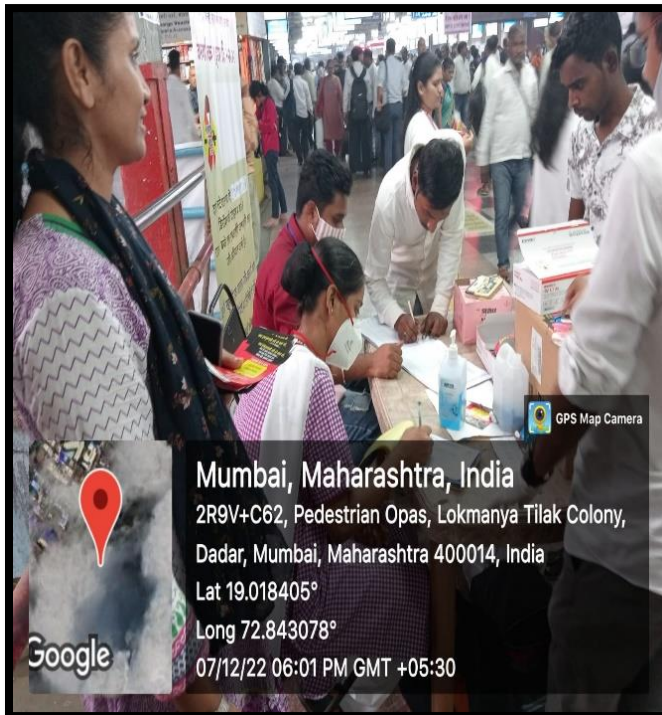
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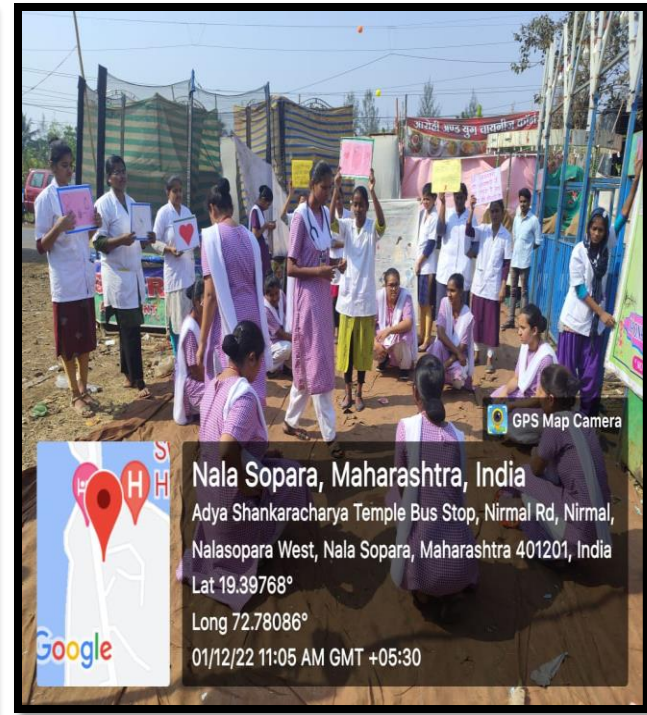
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Long 72.843211°
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Mumbai, Maharashtra, India

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Dadar, Mumbai, Maharashtra 400014, India
Lat 19.018405°
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Nala Sopara, Maharashtra, India

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Nalasopara West, Nala Sopara, Maharashtra 401201, India
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❖ **WORLD LEPROSY DAY**

World Leprosy Day was celebrated by SMES SSPG College of Nursing students under the theme "Act Now End Leprosy " Students have created awareness on leprosy diseases by Pamphlet distribution in urban community Chota Sion Dharavi.

➤ **Services**

- Awareness on leprosy diseases
- Pamphlet distribution in community at door steps
- Prevention of the disease

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-----------------------------------------------------------------------------------------------------|-------------|------------------------------------|----------------------|
| 1 | Awareness by health talk, Pamphlet Distribution, Importance of treatment and prevention of diseases | 4/2/2023 | Final year B. BSc Nursing students | 100 community people |



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❖ **WORLD NO TOBACCO DAY**

On the Occasion of World No Tobacco Day celebrated by SMES SSPG College of Nursing students participated in collaboration with NSS unit in Lokmanya Tilak Municipal General Hospital and Medical College by creating awareness about the ill effects of tobacco, its causes and the preventable measures.

➤ **Services**

- Role play on impact of tobacco on health
- Prevention of diseases caused due to tobacco affect
- To draw global attention to the tobacco epidemic and the preventable death and disease it causes.

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENIFICIERIES |
|--------------|-----------------------------------------------------------------------------------------|-------------|---------------------------------------|-------------------------------------------------------------------------------|
| 1 | Awareness by health talk, Role Play, Importance of treatment and prevention of diseases | 31/04/2022 | Second year B. B.Sc. Nursing students | 200 patients at Lokmanya Tilak Municipal General Hospital and Medical College |



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❖ **WORLD CANCER DAY**

SMES SSPG college of Nursing celebrates cancer day celebration in occasion of world cancer day under the theme “Close the Care Gap conducted by students has performed skit on breast self-examination and performed awareness in breast cancer & oral cancer.

➤ **Services**

- Awareness programme on cancer day
- Skit play on cancer prevention
- Pamphlet distribution on cancer day

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENIFICIERIES |
|--------------|------------------------------------------------------------------------------------|-------------|------------------------------------|------------------------------------------|
| 1 | Awareness by health talk, Skit Play, pamphlet distribution, prevention of diseases | 04/02/2023 | Third year B. BSc Nursing students | 200 patients at Chota Sion Dharavi (UPH) |



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❖ **WORLD HEALTH DAY**

The Assembly decided to celebrate 7th April as the World Health Day celebrated to promote health, keep the world safe, bring awareness in community regarding Preventive, Promotive and Curative health, students prepared slogans & reels related to prevention of health

➤ **Services**

- Preparation of slogans for awareness on health
- Preparing of Reel video on health awareness

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-------------------------------------------------------------------------------------------------------|-------------|-------------------------|---------------------------------------------------|
| 1 | Awareness by giving health talk, slogans and reels making on preventive promotive and curative health | 13/04/2022 | B. BSc Nursing students | 500 Beneficiaries at SMES SSPG College of Nursing |



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YouTube™ smescon health day

World Health Day

smes CON
223 subscribers

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**World Health Day Celebration
on 13th Apr' 23**

WORLD HEALTH DAY
Health For All

PAHO WHO 75

Dr. Neel Deshpande Associate Professor
BScN, MEd, Community Education
Smt. S. M. C. & S.M. Hospital, PUNE



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❖ **HOSPICE & PALLIATIVE CARE**

As a specialized form of healthcare, hospice palliative care aims to relieve suffering and improve the quality of life for those living with a life limiting illness, as well as their families. SMES SSPG College of Nursing students create awareness in community and families regarding hospice and palliative care

➤ **Services**

- Awareness programme on hospice and palliative care
- To educate families to relieve the pain and suffering of the terminally ill
- Community to make possible a "good" death
- Distribution of gifts and food to the patients.

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIARIES |
|--------------|--------------------------------------------------------------------------------------|-------------|-------------------------|----------------------|
| 1 | Awareness by giving health talk, YouTube video making on hospice and palliative care | 19/10/2022 | B. BSc Nursing students | 200 Beneficiaries |



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❖ **PATIENT SAFETY DAY**

On occasion of Patient Safety Day, SMES SSPG College of Nursing students have created awareness in community about Rights of patient, Sources of information in hospital and about health care system.

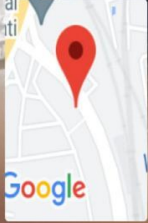
➤ **Services**

- Rights of patient of community
- Sources of information of hospital
- Awareness on patient safety at hospital

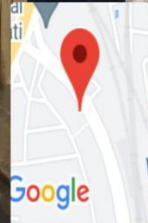
| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIARIES |
|--------------|---------------------------------------------------------------------|-------------|-------------------------|----------------------|
| 1 | Awareness by giving health talk, Sources of information of hospital | 23/09/2022 | B. BSc Nursing students | 260 Beneficiaries |



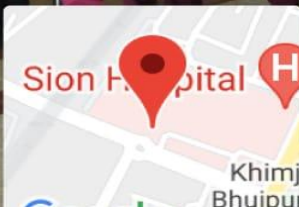
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Mumbai, Maharashtra 400019, India
Lat 19.027816°
Long 72.859117°
23/09/22 03:23 PM GMT +05:30



Mumbai, Maharashtra, India
Parekh Chambers, Rafi Ahmed Kidwai Rd, Matunga,
Mumbai, Maharashtra 400019, India
Lat 19.027816°
Long 72.859117°
23/09/22 03:24 PM GMT +05:30



Mumbai, Maharashtra, India
Sion hospital, 2VP5+H53, near King circle, RB2 Central Railway
Quarters, Sion West, Sion, Mumbai, Maharashtra 400022, India
Lat 19.036306°
Long 72.85801°



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❖ MENTAL HEALTH DAY

On the Occasion of Mental Health Day celebrated by SMES SSPG College of Nursing students raise awareness in community on mental health issues, gave health talk on building emotional wealth & emotional equity in community. MANAS which stands for “Mental Health and Normalcy Augmentation System” it is an is based on life skills and core psychological processes delivering age-appropriate methods for all age groups

➤ Services

- To raise awareness of Mental Health Issues
- To mobilize efforts in support of Mental Health.
- Community Awareness about positive mental well-being
- Lecture Building Emotional Wealth & Emotional Equity
- Education to control emotions

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-------------------------------------------------------------------------------------|-------------|---------------------------|----------------------|
| 1 | Raise Awareness by giving health talk, Efforts, MANAS for positive mental wellbeing | 13/10/2022 | B. B.Sc. Nursing students | 150 Beneficiaries |



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RESOURCE INCENTIVES

❖ INSERVICE EDUCATION

In-service education is a type of education that is provided to the health care workers of community so as to improve their working capacity and efficiency. Training given to all health care workers like ASHA workers, Anganwadi workers, lady health visitor, multipurpose worker, providing training to school teachers on first aid and raising knowledge of staff nurses. Training of children on Carrier Guidance and Counselling by staff in collaboration with rotary club and Gyansathi (NGO).

➤ SERVICES

- Training programme to health care workers in community
- Training programme for school teachers on first aid
- Training to staff nurses at clinical setting
- Awareness on environmental sanitation, Survey Methods, Breast cancer, Techniques of breast self-examination
- Training on Carrier Guidance and Counselling by staff
- Pamphlet distribution of courses information

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----------------------------------|----------------------|
| 1 | Awareness by giving training programme to health care workers on various diseases, Pamphlet distribution of courses information And training to students and carrier guidance | 23/11/2022 | B. BSc Nursing Students, Faculty | 150 Beneficiaries |

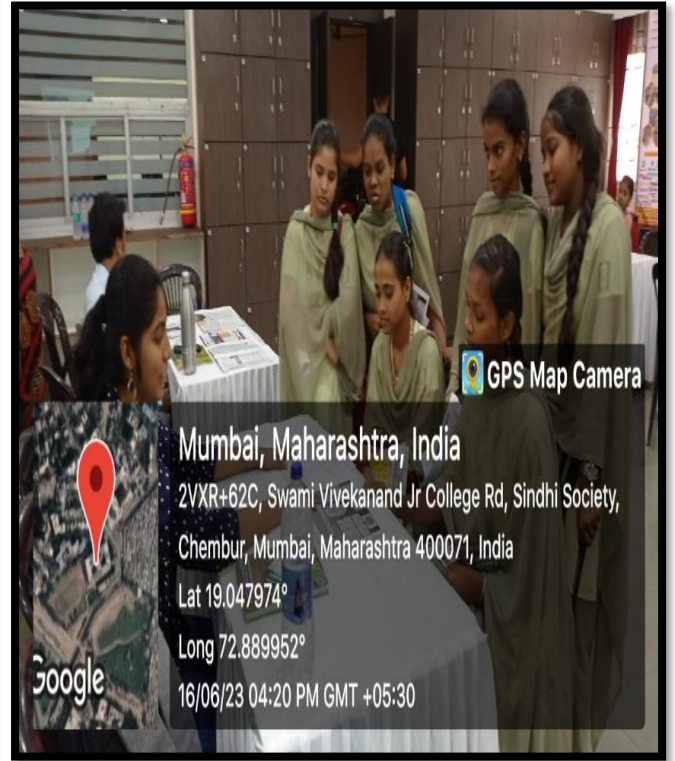


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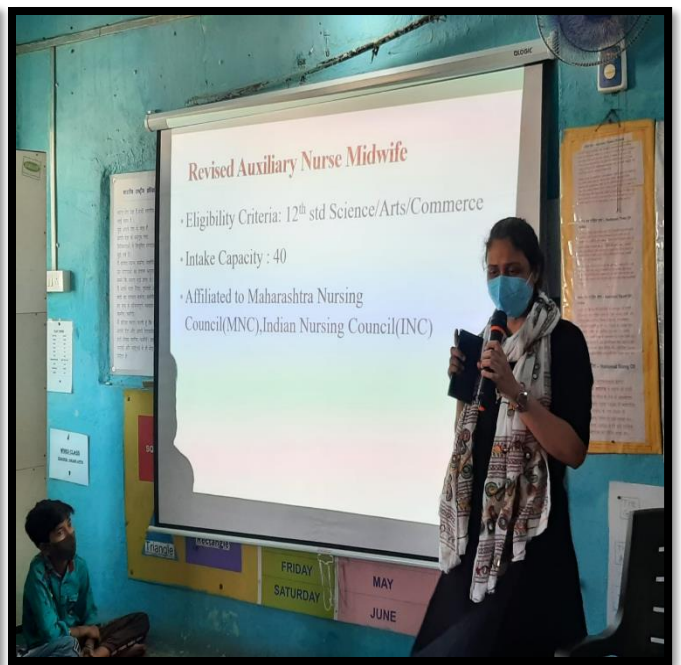
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Local 11:22:21 AM Altitude -62.47 meters
GMT 05:52:21 AM Wednesday, 23 Nov 2022



Mumbai, Maharashtra, India
2VXR+62C, Swami Vivekanand Jr College Rd, Sindhi Society,
Chembur, Mumbai, Maharashtra 400071, India
Lat 19.047974°
Long 72.889952°
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West, Nala Sopara, Maharashtra 401201, India
Lat 19.394196°
Long 72.781711°



Revised Auxiliary Nurse Midwife

- Eligibility Criteria: 12th std Science/Arts/Commerce
- Intake Capacity : 40
- Affiliated to Maharashtra Nursing Council(MNC), Indian Nursing Council(INC)



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NUTRITIOUS DELICACY TREAT

SMES SSPG College of Nursing students visit house to house for healthy services according to assessment they identify need of the individual and plan dietary menus for the family. Students demonstrate healthy food preparation in their home settings. As Healthy Dietary pattern college as organized khichadi project in collaboration with Lions Rotary Club they provide students everyday healthy khichadi made by hygienic process to all needy students.

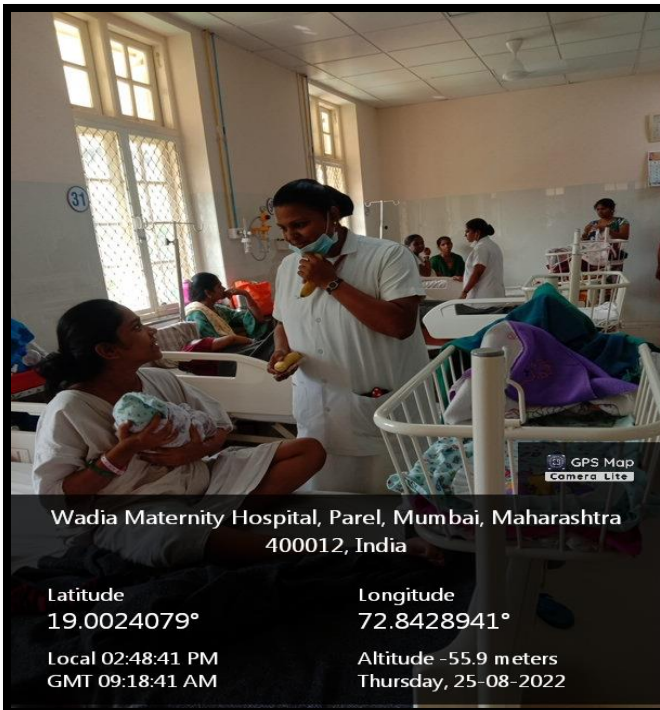
➤ **Services**

- Teach them how healthy and hygienic food preparation.
- Food demonstration for ANC & PNC mothers,
- Under-five children diet also demonstrated to mothers
- Explained the importance of protein diet, Calorie diets, etc.
- Awareness and health talk to mothers about diet
- Distributed chikki and banana to the Antenatal & Post-natal mothers.
- Khichadi project to needy students

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----------------------------------|----------------------|
| 1 | Awareness by giving training programme to health care workers on various diseases, Pamphlet distribution of courses information And training to students and carrier guidance | 23/11/2022 | B. BSc Nursing Students, Faculty | 150 Beneficiaries |



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SCHOOL HEALTH PROGRAMME

School health programme help prevention of many communicable diseases. It mainly focuses on such initiatives to ensure these programmes reach schools health of students. SMES SSPG College of Nursing has adopted Zilla Parishad School to provide early detection and rule out under-five health problems. Health checkups and health awareness at M.P Bhuta school of various education programme.

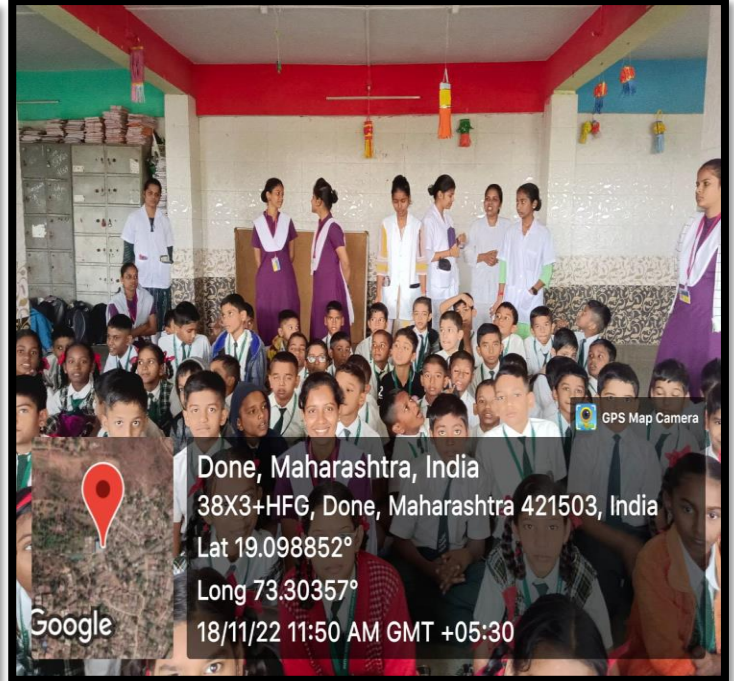
➤ **Services**

- Health checkups Head to foot examination
- Hand hygiene
- Physical fitness,
- Malnutrition,
- Infectious diseases,
- Intestinal parasites,
- Diseases of skin, eye and ear,
- Dental caries
- Awareness programme in school on importance of physical & mental health and hygiene.

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|---------------------------------------------------------------------------------------------------------|----------------------------------------|-------------------------------------|----------------------|
| 1 | Awareness programme on health issues at school, health checkups and referral system for health problems | 18/11/2022(Virar) 28/11/22(Vangani) | B. BSc Nursing Students, Faculty | 300 Beneficiaries |



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COLLEGE OF NURSING**





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BREASTFEEDING AWARENESS PROGRAMME

Breastfeeding, or nursing, is the process by which human breast milk is fed to a child. Breast milk may be from the breast, or may be pumped and fed to the infant. SMES SSPG College of Nursing organizes breastfeeding week at Nowrosjee Wadia Hospital, with collaboration with NSS Unit & Reliance foundation, awareness programme on breastfeeding on in Rey Road and Govandi community.

➤ **Services**

- One to one health talk for individual mothers
- Breastfeeding techniques
- Advantages of breastfeeding
- Diet to be taken during post-natal period.
- Role play and slogan prepared for mothers
- Distribution of high iron diet (chikki and banana)

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIARIES |
|-------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-------------------------|-------------------|
| 1 | Awareness programme on Breastfeeding, Role play, Health talk, techniques, Distribution of high iron diet | 4/08/2022 at reliance foundation & 25/08/22 at Wadia hospital | B. BSc Nursing Students | 300 Beneficiaries |



SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING



Wadia Maternity Hospital, Parel, Mumbai, Maharashtra
400012, India

Latitude
19.0024079°

Longitude
72.8428941°

Local 02:48:41 PM
GMT 09:18:41 AM

Altitude -55.9 meters
Thursday, 25-08-2022



Done, Maharashtra, India
38X3+MMJ, Done, Maharashtra 421603,
India
Lat 19.009586°
Long 73.304389°
16/11/22 12:30 PM GMT +05:30



Mumbai, Maharashtra, India
XVG3+WXC, Darukhana, Byculla, Mumbai, Maharashtra
400010, India
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Long 72.854953°
04/08/22 12:34 PM



Mumbai, Maharashtra, India
XVG3+WXC, Darukhana, Byculla, Mumbai, Maharashtra
400010, India
Lat 18.9773°
Long 72.854836°
04/08/22 12:44 PM



**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**

AWARENESS PROGRAMME ON ORGAN DONATION

The Organ Donation Awareness Programme was organized by Seva Mandal Education Society's, Smt. Sunanda Pravin Gambhirchand College of Nursing BSc nursing Students have created awareness in community individual of Chota Sion, UPH

➤ **Services**

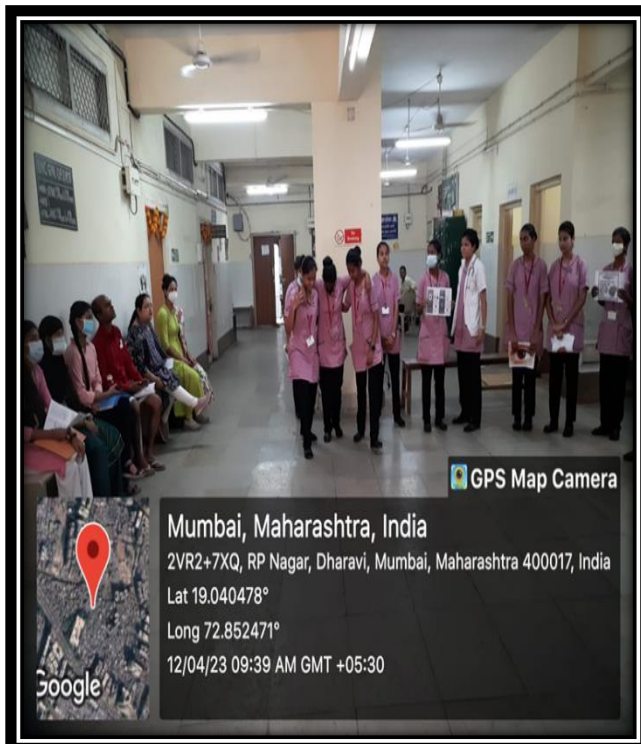
- Awareness Role play of Organ Donation
- Distribute of Pamphlet of organ donation in Community Area (Chota Sion, UPH)
- importance of donating organ for the needful who can serve for their further life

on First Year ANM &

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIARIES |
|-------|-----------------------------------------------------------------------------------------------------------|------------|-------------------------|-------------------|
| 1 | Awareness programme on organ donation, Role play, Health talk, Distribution of pamphlet on organ donation | 04/02/2023 | B. BSc Nursing Students | 200 Beneficiaries |



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COLLEGE OF NURSING**

GENTLE GUARDIAN

SMES SSPG College of Nursing has adopted Manav Seva Old age Home and Uttan Old Age Home for providing health services to geriatric people. Our college has conducted the old age home visit at Jivan Sahara Charitable Trust Old age home during the visit various activities. The activity is useful in respect to understand the need of geriatric peoples. The day was spent well with all elderly.

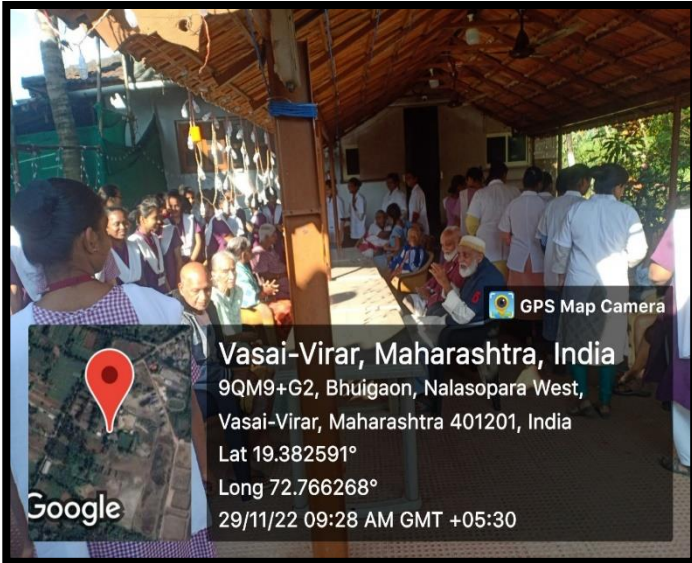
➤ **Services**

- geriatric assessment (Checkup),
- Nail care,
- Foot care,
- Yoga Therapy,
- Entertainment games
- health education on geriatric care was conducted.
- Understand the routine, management of old age home,
- Foods and hospital facilities were checked.

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------|------------|-------------------------|-------------------|
| 1 | Awareness programme in old age home, Role play on elderly health issues, Health talk, health checkups and assessments of geriatric patient | 29/11/2023 | B. BSc Nursing Students | 100 Beneficiaries |



SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING



GPS Map Camera



Vasai-Virar, Maharashtra, India
9QM9+G2, Bhuigaon, Nalasopara West,
Vasai-Virar, Maharashtra 401201, India
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Google



GPS Map Camera

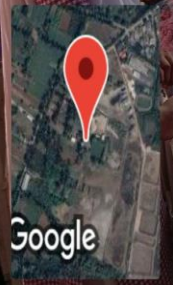


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Google



GPS Map Camera

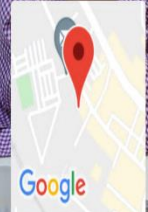


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29/11/22 09:30 AM GMT +05:30

Google



GPS Map Camera



Mumbai, Maharashtra, India
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Mahim East, Geetanjali Nagar, Matunga, Mumbai, Maharashtra 400017, India
Lat 19.038497°
Long 72.850535°
19/01/22 01:55 PM

Google



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

ECO- CLUB & ENTREPRENEURSHIP

A plantation drive was organized by SEVA SSPG College of Nursing on 04/02/2023. Nursing along with faculties actively participated in the plantation drive. Students brought different types of plants and planted in the campus of Chota Sion Dharavi. Sion. Students have also participated in Seed Bombing and Paper Bag Making activity for importance of environment sustenance, seed bombing to restore plant population and paper bag making to reuse and biodegrade.

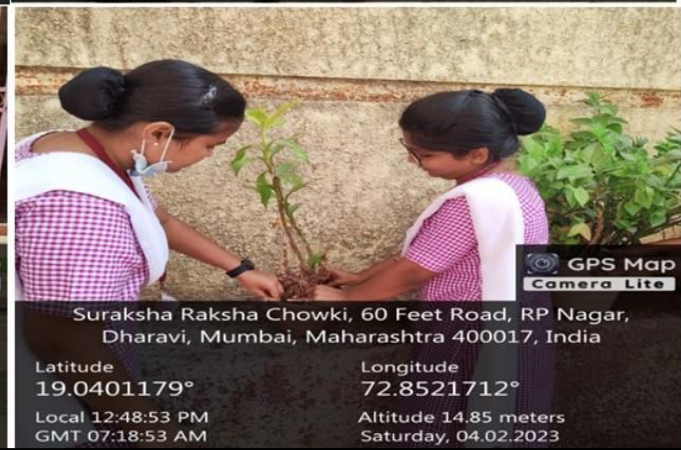
➤ **Services**

- Beach clean-up drive under Clean Shores Mumbai project.
- Plantation drive
- Mangroves cleaning drive
- Seed bombing and paper bag making

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|------------------------------------|----------------------|
| 1 | Awareness to community about environmental importance by cleaning drive, plantation drive, seed bombing and paper bag making | 19/09/2022beach cleaning drive& 03/08/2022 seed bombing and paper bag making | First Year B. BSc Nursing Students | 100 Beneficiaries |



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COLLEGE OF NURSING**





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COLLEGE OF NURSING**

WASTE MANAGEMENT

❖ DRY AND WET WASTE DISPOSAL

SMES SSPG College of Nursing students have created awareness in community about waste disposal to keep environment clean by segregating wet and dry waste at home level, they were thought to dispose waste in BMC vehicle (Ghanta gadi). Maintain cleanliness in lavatory and proper disposal system, to introduce and explain zero waste lifestyle in India to reduce the plastic and packaging waste, to develop the country, to Keep the clean environment, to keep secure people's health, to Provide recycle bin and garbage trolleys to collect the wastage in collaboration with ECO club.

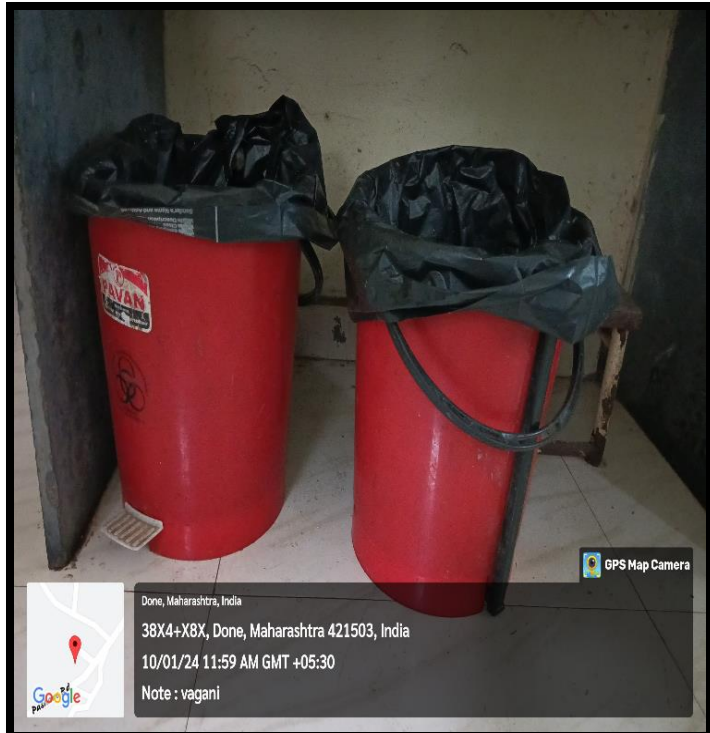
➤ Services

- Awareness programme on waste disposal
- Segregation of waste
- Environmental sanitation
- Importance of waste disposal at right place

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|--------------------------------------------------------------------------------------------------------------|-------------|------------------------------------|---------------------------|
| 1 | Awareness to community about environmental importance by waste disposal and segregation of dry and wet waste | 1/11/22 | Final Year B. BSc Nursing Students | 500 Families of Community |



**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**





SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING

GENDER EQUITY

Women's empowerment can be defined as promoting women's sense of self-worth, their ability to determine their own choices, and their right to influence social change for themselves and others. SMES SSPG College inculcated women's day celebration by organizing various sessions on women safety, cybercrimes & Gender Sensitization awareness programme in community, schools, and staffs

❖ WOMEN EMPOWERMENT

Our college organizes for school students regarding "women safety techniques" in Lion M P Bhuta Sion Savajanik School. Also, thought newer techniques of safety for how to protect themselves during time of attack to student's staff of Lion Tarachand Bappa hospital, speakers have guided students and community about safety security.

❖ CYBER SAFETY

An unfortunate number of women are becoming victims of cybercrimes. As college SMES SSPG College of Nursing has organized session on cyber safety for women safety by Police officer speakers.

❖ LGBTQIA

College organizes session and awareness on Gender sensitization, how gender has been wrongly conventionalized for ages and explained the rights of LGBTQIA in our constitution. Various articles related to discrimination of gender equality, current scenario about LGBT which are reflected in society and their acceptance as normal human in society are handled.



**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**

➤ **Services**

- Society awareness regarding women empowerment
- Awareness to be given to both women as well as men on 2nd June,2023
- Importance women equity.
- Students were made aware about emergency contact numbers

Mumbai police helpline no.-7738133133, 7738144144

Women & child helpline no.- 103, 1098

Senior citizen helpline no. – 1090

- Pamphlet distributed on cyber safety
- Role play act includes different safety techniques at home, workplace and during travelling.
- Rights of LGBTQIA in our constitution
- Dealing cases of LGBT by health professionals in community

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------|----------------------|
| 1 | Awareness programme to community, role play, pamphlet distribution, and Emergency contact no. | 05/03/23 women's day celebration, 14/01/2023 cyber safety | B. B.Sc. Nursing Students | 150 Beneficiaries |



SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING





NATIONAL HEALTH PROGRAMME

National Programme for Prevention and Control of communicable & Non-Communicable Diseases, National Programme is for Prevention and Control of all diseases health workers focus on promotive health and preventing the prevalence rate of spread of diseases.

❖ NATIONAL IMMUNIZATION PROGRAMME

- Our college students have attended national immunization programme in collaboration with Primary Health Center Vangani and Virar. During the camp the various immunizations were given according to age of children's. Students conducting vaccination drive for staffs and students and community for prevention of diseases, like hepatitis B vaccination

➤ Services

- Awareness programme on immunization for all
- Role play and Health education programme immunization with prevention of communicable diseases
- Importance of immunization to all under-five mothers
- Immunization programme for staffs and students

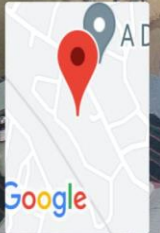
| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|-------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------|-------------------|
| 1 | Awareness programme to community, role play, pamphlet distribution of importance of immunization programme | 13/03/23 hepatitis B vaccination, 20/04/23 vaccination drive, | B. BSc Nursing Students and faculty | 500 Beneficiaries |



SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING



GPS Map Camera



Done, Maharashtra, India

Swarajya mitra mandal wade no 3 vangani west, Done,
Maharashtra 421503, India
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Long 73.304895°
03/11/22 11:56 AM GMT +05:30



GPS Map Camera



Done, Maharashtra, India

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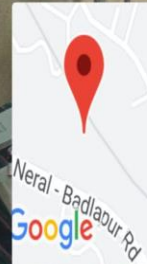


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GPS Map Camera



Done, Maharashtra, India

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421503, India
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**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**

❖ **PULSE POLIO PROGRAMME**

SMES SSPG College of Nursing students are posted at pulse polio vaccination drive to immunize all scheduled immunization at Wadala, Matunga and Vangani health post stating the requirement of student nurses for conducting pulse polio vaccination drive. They were posted in health post center and were send home to home for delivering polio vaccines.

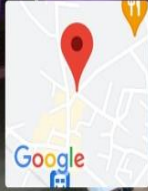
➤ **Services**

- Awareness and health talk on importance of immunization drive for under-five children
- Delivering polio drive at home settings
- Immunization pulse polio programme at particular health post
- Pamphlet distribution of immunization schedule

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|-------|-----------------------------------------------------------------------------------------------------------|----------|-------------------------|-------------------|
| 1 | Awareness programme to community, role play, pamphlet distribution of importance of pulse polio programme | 19/06/22 | B. BSc Nursing Students | 500 Beneficiaries |



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COLLEGE OF NURSING**



वनानी, महाराष्ट्र, भारत
38W2+PF8, वनानी, महाराष्ट्र 421503, भारत
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GPS Map Camera



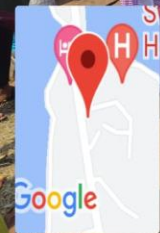
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GPS Map Camera



Done, Maharashtra, India
38R3+3H7, Done, Maharashtra 421503, India
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04/11/22 10:27 AM GMT +05:30

GPS Map Camera



Nala Sopara, Maharashtra, India
Adya Shankaracharya Temple Bus Stop, Nirmal Rd, Nirmal, Nalasopara West, Nala Sopara, Maharashtra 401201, India
Lat 19.397676°
Long 72.780853°
01/12/22 11:09 AM GMT +05:30

GPS Map Camera



**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**

❖ MALARIAL AND DENGUE PREVENTION PROGRAMME

SMES SSPG College students have posted for community for delivery of health care services at every door step for prevention and curative health for all families and individuals, all students create awareness in whole community regarding malarial prevention programme and dengue prevention programme

➤ **Services**

- Awareness programme in community for prevention diseases
- Role play on malarial prevention diseases
- Health talk on dengue prevention programme
- Pamphlet distribution regarding prevention and protection of diseases

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|----------------------------------------------------------------------------------------------------------|-------------|-------------------------|----------------------|
| 1 | Awareness programme to community, role play, pamphlet distribution of importance of preventive programme | 19/11/22 | B. BSc Nursing Students | 500 Beneficiaries |



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

GPS Camera

37VX+96X, Vangani, Maharashtra 421503, India

| | |
|-------------------|------------------------|
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| Local 10:53:05 AM | Altitude -27.69 meters |
| GMT 05:23:05 AM | Monday, 14 Nov 2022 |

GPS Map Camera

Done, Maharashtra, India
38X3+HFG, Done, Maharashtra 421503, India
Lat 19.0989°
Long 73.303589°
18/11/22 11:56 AM GMT +05:30

Google

GPS Map Camera Lite

Thane 441, Bhim Tej Niwas Mahatma Phule Nagar Ward No 6 vangani west, Vangani, Maharashtra 421503, India

| | |
|---------------------|-----------------------|
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| GMT 07:11:36 AM | Monday, 14.11.2022 |

GPS Map Camera

Nala Sopara, Maharashtra, India
Adya Shankaracharya Temple Bus Stop, Nirmal Rd, Nirmal, Nalasopara West, Nala Sopara, Maharashtra 401201, India
Lat 19.397676°
Long 72.780853°
01/12/22 11:09 AM GMT +05:30

Google



**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**

RESEARCH AND HEALTH STATISTICS

A community survey helps you discover your target community's attitudes, opinions, experiences, and needs. It is the chief primary research method for garnering community feedback on a scale.

Our college SMES SSPG College of Nursing students has conducted the community family health survey collaboration with Primary health center and Grampanchyat, Nirmal.

➤ **Services**

- Surveys were conducted for communicable and non-communicable diseases,
- Environmental conditions of community peoples
- Anemia detection surveys were conducted.
- The survey helps to know the condition of community peoples.
- To provide promotive and preventive care to every individual, families and community.
- The activity is useful in respect to understand about the health condition of community peoples.

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|--------------------------------------------------------------------------------------------------------------------------|-----------------------|-------------------------------|----------------------|
| 1 | Conducting survey at community area, organization of blood testing of various viral diseases, distribution of medication | 02/11/22- 30/11/22 | Final B. BSc Nursing Students | 1000 Beneficiaries |



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COLLEGE OF NURSING**





**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**

SOCIAL AWARENESS

❖ **REPUBLIC DAY CELEBRATION**

On occasion of Republic Day, SMES SSPG College of Nursing students and faculty celebrated by performing Silent drill, Rifle drill, chair yoga and NSS demonstration was performed by NSS cadets. Awareness created by various departments on various social issues.

❖ **INDEPENDENCE DAY CELEBRATION**

On occasion of Independence Day, SMES SSPG College of Nursing students and faculty celebrated by performing Song on bhakti Geet, Dance performance by students dedicated on nation, Silent drill, Rifle drill, chair yoga and NSS demonstration was performed by NSS cadets, Awareness created by various departments on various social issues.

➤ **Services**

- Skit performance on Independence Day
- Drill by NSS department
- Street play on women empowerment
- Role play on social issues
- Speech of management members on nation awareness

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIARIES |
|-------|------------------------------------------------------------|---------------------------------------------------|-------------------------------|-------------------|
| 1 | Skit play, street play role plays on various social issues | 15/08/22 Republic Day & 26/01/23 Independence Day | Final B. BSc Nursing Students | 300 Beneficiaries |



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COLLEGE OF NURSING**

❖ NURSES DAY CELEBRATION

On the occasion of nurse's day celebration, SMES SSPG College of Nursing organizes session on importance and role of nurses at health care area, motivational speakers have guided students and faculty regarding major responsibilities of nurses at every health care setting

➤ **Services**

- Importance of International Nurses Day
- Emphasized on the significance of higher education in nursing
- Preparing nurses to provide better health services to the public
- Nurses play a vital role in patient care and have a major responsibility of making the public aware about their role.
- Webinar on Stress Management

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|------------------------------------------------------------------|-------------|----------------------------------|----------------------|
| 1 | Skit play, street play role plays on various social issues | 12/05/2023 | Final B. BSc Nursing Students | 100 Beneficiaries |



SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING



Zoom Meeting

Sakshi Shinde Pooja Ruchika Patil Priyanka awasar...

IND THEME - DIMENSIONS

- R** Respect
- V** Value
- I** Invest
- P** Protect

Participants (102)

- Sunanda Shah (Host, me)
- Ghanashyam Aher
- 2009 Namita Hanchate
- Aarti Pandhare
- Aishwarya kalbhor
- Akanksha khairmode
- Akshata Sawant
- Anjali
- Ankita Ravtale
- Anushka Lambade
- Anushka Malavde
- Arpita Tambe
- Deepa
- Delphina Gurav
- Diksha Mahale
- Dipali bande

32°C Haze

ENG IN 10:14 12-05-2023



**SEVA MANDAL EDUCATION SOCIETY'S
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COLLEGE OF NURSING**

HEALTH CAMPS

SMES SSPG College of Nursing organizes various health camps, to provide access to basic and specialized medical services, raise awareness about health issues, and can help prevent the spread of disease. Medical camps are a valuable tool in addressing health inequalities and improving the overall health of our society.

❖ FAMILY PLANNING CAMP

Our college students participated in family planning camp for eligible couple in community with collaboration with primary health center, students have assisted many families planning adoption with doctors and staff

➤ Services

- Awareness programme for adoption of family planning to eligible couple
- Survey conducted to find eligible couple
- Role play on importance of small family norm and family planning

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|---------------------------------------------------------------------------------------------------|-------------|-------------------------------|----------------------|
| 1 | Skit play, street play role play & awareness programme on importance of family planning programme | 15/11/2022 | Final B. BSc Nursing Students | 100 Beneficiaries |



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**



GPS Map
Camera Lite

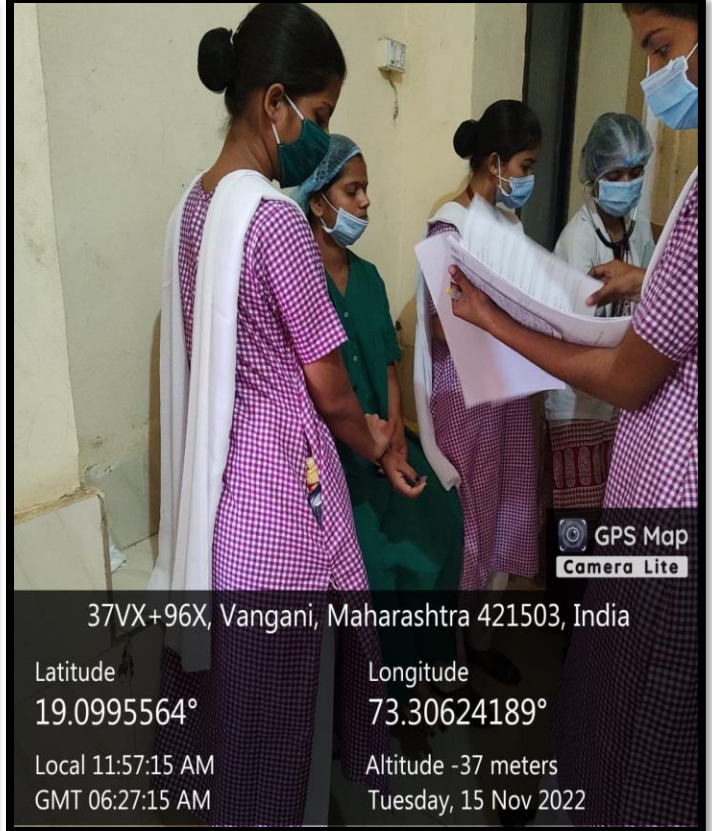
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Altitude -37 meters
Tuesday, 15 Nov 2022



GPS Map
Camera Lite

37VX+96X, Vangani, Maharashtra 421503, India

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Altitude -37 meters
Tuesday, 15 Nov 2022



GPS Map Camera

Vangani, MH, India

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MH, India

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GPS Map Camera

Done, Maharashtra, India

38X4+X8X, Done, Maharashtra 421503, India

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Google



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

❖ MEDICAL HEALTH CAMPS

SMES SSPG College of Nursing organizes various health camps, to provide access to basic and specialized medical services, raise awareness about health issues, and can help prevent the spread of disease. Medical camps are a valuable tool in addressing health inequalities and improving the overall health of our society by NSS Unit in collaboration with Lions Tarachand Bapa Hospital.

❖ Services

- To create awareness and educate people about healthcare.
- To identify and address health issues in a community.
- To promote preventive healthcare and reduce the incidence of diseases.
- Examination of eye checkup
- Dental checkup
- Assessment of gynecologist
- Monitoring vital signs, Blood Sugar Test, Spo2, ECG
- All types of blood investigation

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|--------------|-------------------------------------------------------|-------------|-------------------------------|----------------------|
| 1 | Complete medical health checkup for all age community | 07/08/2022 | Final B. BSc Nursing Students | 100 Beneficiaries |



SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING



14-1, Yadav Nagar, Chandivali, Powai, Mumbai, Maharashtra 400072, India

Latitude: 19.111295° Longitude: 72.89390499999999°
Local 01:11:18 PM Altitude 26.5 meters
GMT 07:41:18 AM Saturday, 09-07-2022



14-1, Yadav Nagar, Chandivali, Powai, Mumbai, Maharashtra 400072, India

Latitude: 19.111133333333332° Longitude: 72.893938333333334°
Local 01:18:33 PM Altitude 143.4 meters
GMT 07:48:33 AM Saturday, 09-07-2022



14-1, Yadav Nagar, Chandivali, Powai, Mumbai, Maharashtra 400072, India

Latitude: 19.111163333333333° Longitude: 72.893968333333333°
Local 01:17:36 PM Altitude 156.3 meters
GMT 07:47:36 AM Saturday, 09-07-2022



14-1, Yadav Nagar, Chandivali, Powai, Mumbai, Maharashtra 400072, India

Latitude: 19.1113066666666668° Longitude: 72.893916666666667°
Local 12:15:35 PM Altitude 33.9 meters
GMT 06:45:35 AM Saturday, 09-07-2022



24-Mar-2022 9:30:33 am
63 Rd, Ahmed Kidwai Road
Matunga
Mumbai
Maharashtra

SMES Smt Sunanda Pravin Gambhirchand College of Nursing



Mumbai, Maharashtra, India
No 2/5, Raju Srinut, Kulkarni Rd, near to Premnagar Ashram,
Borivli West, Dist Shesh Ward, Malabar Hill, Mumbai, Maharashtra
400007, India
Lat: 18.957366°
Long 72.856616°
24/03/22 09:22 AM



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

BLOOD DONATION CAMP

SMES SSPG College of Nursing students have participated in blood donation camp organized by NSS Unit with collaboration of Lions Tarachand Bappa Hospital, students have created awareness in community about blood donation that transfusions help replace blood that is lost due to surgery or injury, Transfusions also help people with disorders that prevent them from making blood correctly.

➤ **Services**

- Awareness regarding blood donation
- Giving health talk on myths on blood donation
- Performing registration of the donors
- Checking vital signs of the donors
- Collecting blood of donors

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|-------|---------------------------------------------------------------------------|------------|---------------------------------|-------------------|
| 1 | Conducting blood donation camp, awareness on importance on blood donation | 21/08/2022 | Final B. B.Sc. Nursing Students | 100 Beneficiaries |



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

THALASSEMIA CAMP

Thalassemia is a heterogeneous group of blood disorders affecting the hemoglobin genes and resulting in ineffective erythropoiesis. The decreased production of hemoglobin results in anemia in early age and frequent blood transfusions are required to keep up the hemoglobin levels.

SMES SSPG College of Nursing organizes thalassemia camp by students for creating awareness in community conducting CBC investigation for free in collaboration of Lions Club of Sion and Rotary Club of Bombay Worli

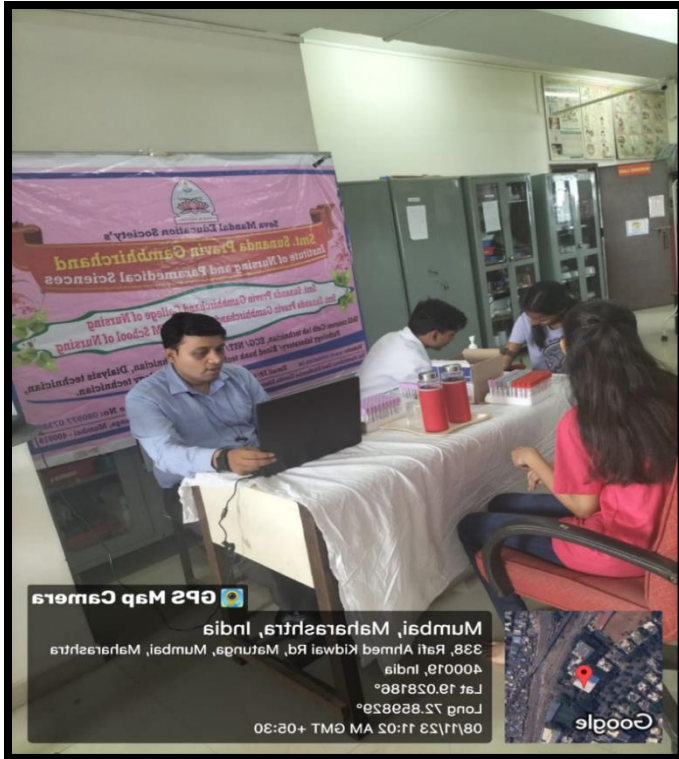
➤ **Services**

- Awareness session of thalassemia detection
- Conducting investigation (CBC) in camp for community
- Giving guidance & Counselling for students with low HB

| SR.NO | SERVICES | DATE | PARTICIPANTS | BENEFICIERIES |
|-------|----------------------------------------------------------------------|------------|-------------------------------|-------------------|
| 1 | Conducting thalassemia camp, awareness on importance on thalassemia. | 08/11/2023 | Final B. BSc Nursing Students | 100 Beneficiaries |



SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING



GPS Map Camera

Mumbai, Maharashtra, India
338, Rafi Ahmed Kidwai Rd, Matunga, Mumbai, Maharashtra
400019, India
Lat 19.028186°
Long 72.859829°
08/11/23 11:02 AM GMT +05:30



GPS Map Camera

Mumbai, Maharashtra, India
338, Rafi Ahmed Kidwai Rd, Matunga, Mumbai, Maharashtra
400019, India
Lat 19.028186°
Long 72.859829°
08/11/23 10:19 AM GMT +05:30



GPS Map Camera

Mumbai, Maharashtra, India
338, Rafi Ahmed Kidwai Rd, Matunga, Mumbai, Maharashtra 400019,
India
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08/11/23 10:20 AM GMT +05:30



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